

2010 Wellspring Mentor Application

Program Description

The Wellspring Mentorship Program is designed for current and past program participants who have achieved a high level of success as weight controllers and desire to maintain their connection to our program by helping others achieve similar success. Mentors will work closely with the Directors to determine specific activities that will allow their personal strengths and prior experiences to benefit campers. Each Mentor will meet weekly with the Clinical Director and / or Program Director to discuss progress, share feedback and receive a written evaluation of their weekly performance.

Benefits

Participating in the Mentorship Program is an opportunity to further refine, renew and recommit to the skills that have resulted in your success as a weight controller. In addition to engaging in all the counseling and activities at our program, you will have the opportunity to develop an even greater mastery by teaching those skills to others who are just starting out on the path you have already traveled. Successful Mentors are encouraged to use this summer experience and the programs administrative staff as a reference source for future educational and employment opportunities. Furthermore, a successful mentorship experience will greatly enhance a camper's chances of achieving employment at Wellspring in the future.

Requirements and Application Process

In addition to prior success as a weight controller, Mentors must be able to demonstrate a proven track record of personal responsibility and healthy decision making skills. The minimum Mentor age requirement for 2010 is 15 years old, however age waivers for exceptional candidates will be considered. Mentors must complete the following application and return it, including reference forms, to their camp's Program Director prior to Jan. 1, 2010. Upon successful review of candidate's application the next step toward Mentorship is a phone interview with the Program Director. At this point the candidate may be offered the opportunity to demonstrate their commitment to the Wellspring Program through a bi-weekly blogging commitment. Successful applicants will be notified on or before April 1 2010.

Costs

The Mentor program creates an opportunity for outstanding alumni to save over \$2000 dollars in tuition and fees. Tuition is based on last year's rates and all selected Mentors will receive an additional \$1,000 of the cost of tuition without regard to financial need. Also, the family workshop fee is waived for Mentors, however the refundable after care fee* of \$600 is required. In addition, a performance based bonus refund up to \$1,000 may be rewarded at the conclusion of the summer. This will be based on an objective evaluation of overall performance as reflected in weekly written evaluations.

6 week costs

2009 base tuition:	\$7,990
Mentor discount:	-\$1000
After care fee:	+\$600
Total due prior to camp =	\$7590
After care refund:	-\$600*
Mentor performance refund:	-\$1000
Total cost after refunds =	\$5990

8 week costs

2009 base tuition:	\$9190
Mentor discount:	-\$1000
After care fee:	+\$600
Total due prior to camp =	\$8790
After care refund:	-\$600*
Mentor performance refund:	-\$1000
Total cost after refunds =	\$7190

*refunded in full if camper completes first 180 days and provides verified height/weight



2010 Wellspring Mentor Applicant Information	
Name:	
Address:	
Phone:	
E-mail Address:	
Date of Birth:	
Age at start of Camp:	
Desired Camp / Session:	

Previous Wellspring program information	
Academy/Camp:	
Dates – From:	To:
Academy/Camp:	
Dates – From:	To:
Current Level / Level at the conclusion of your last program and length of time at that level:	

Short answer questions

Please respond to ALL of the following questions. These short answer questions are an important part of the selection process because it gives us a clear picture of your experience and motivation to help others. This is your opportunity to tell your story:

- 1. Describe your life before Wellspring:**

2. Describe the original decision (whether yours, someone else's, or a combination) to attend Wellspring the first time:

3. Are you now currently at your goal weight (not a requirement) if not, please describe your current status on the path of being a lifelong weight controller:

4. What was the hardest thing about the Wellspring Plan during your first month and why?

5. Describe how you would help another camper who was struggling with similar challenges during their first month:

Disclaimer and Signature

I, _____ (print your name) certify that my answers are true and complete to the best of my knowledge. I also affirm that the accompanying recommendations were written on my behalf and at my request by the individuals named above, and that I have in no way tampered with the sealed recommendations that accompany this application.

Signature

Date

Program Areas

Each mentor at Wellspring will be assigned to a program area in camp that they are interested in where they will work with one or more staff members to learn how to run the programs. This will culminate in the mentor helping to run the activities with certain groups in camp.

Please number the program areas in order from the one you would most like to be assigned to the least (1 = most preferred, 5 = least preferred) [Discuss with PDs program areas specific to their camp]

Program Area	Preference Rating
Culinary	
Nutrition	
Fitness	
Other	

References

Choose three references and request that they submit written recommendations to attest to your commitment to the Wellspring Program, responsibility, reliability and healthy decision-making skills. Please use no more than one family member as a reference and if you are currently a student at the Academy one of your references must include your current Behavioral Coach. Please have your three references complete the accompanying recommendation forms and return them to you in a sealed envelope.

Reference #1
Name:
Relationship:
Phone:
E-mail:

Reference #2
Name:
Relationship:
Phone:
E-mail:

Reference #3
Name:
Relationship:
Phone:
E-mail:

Reference # 1 for:	
Name:	
Phone:	
E-mail:	
How long have you known the applicant?	
Describe the nature of your relationship with the applicant:	
Describe the applicants ability to be responsible and reliable:	
Describe the applicants decision-making skills:	
Describe the applicants commitment to the Wellspring Program:	
Include any additional information in or concerns you might have about this applicant being in a role model/mentor position.	
Signature:	Date:

Reference # 2 for:

Name:

Phone:

E-mail:

How long have you known the applicant?

Describe the nature of your relationship with the applicant:

Describe the applicants ability to be responsible and reliable:

Describe the applicants decision-making skills:

Describe the applicants commitment to the Wellspring Program:

Include any additional information in or concerns you might have about this applicant being in a role model/mentor position.

Signature:

Date:

Reference # 3 for:

Name:

Phone:

E-mail:

How long have you known the applicant?

Describe the nature of your relationship with the applicant:

Describe the applicants ability to be responsible and reliable:

Describe the applicants decision-making skills:

Describe the applicants commitment to the Wellspring Program:

Include any additional information in or concerns you might have about this applicant being in a role model/mentor position.

Signature:

Date: